



Akademia
Humanistyczno
Ekonomiczna
w Łodzi

2026-2027

ACADEMIC OFFER

LAW



POLITICAL SCIENCE

Language: **English**

Winter **2026-2027**

Political Science Bachelor

WINTER SEMESTER

[ZDW: Basics of Philosophy/History of Philosophy](#)

lecture

[ZDW: Basics of Philosophy/History of Philosophy](#)

exercises

[The Study of the State and Law](#)

lecture

[The Study of the State and Law](#)

project

[Monographic Lecture 1](#)

lecture

[Monographic Lecture 5](#)

lecture

[Local Government and Local Policy](#)

project

[ZDW: Information Society/Civil Society](#)

exercises

[Public Relations](#)

lecture

[Public Relations](#)

project

[Academic Competencies](#)

workshops

[Negotiation and Conflict Resolution](#)

workshops

[Awareness of value of made decisions](#)

workshops

[Self-presentation/Public speaking](#)

exercises

ZDW: Basics of Philosophy/ History of Philosophy

lecture

1 ECTS

Teaching methods

conversational lecture / didactic discussion /
project-based method

Method of verifying education

exam

OBJECTIVES

Introduction to key concepts and issues in philosophy. Equipping students with knowledge of the history of European philosophy. Enhancing skills related to resolving moral dilemmas encountered in daily life. Fostering a dialogical attitude – developing skills in discussion and teamwork.

COURSE CONTENT

- Fundamentals of Philosophy – Concepts and Major Schools of Thought.
- Key Issues from Various Periods and Branches of Philosophy: Metaphysics, Epistemology, Axiology.
- Discussion of the Most Representative Philosophical Concepts in the History of European Philosophy.
- Preparation for a Philosophical Project using Project-Based Methodology.
- Addressing the Problem of "How to Engage Children, Youth, and Elderly People in Philosophy" – Implementation and Evaluation of a Philosophical Project.

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Knows and understands the nature of philosophy and the differences between philosophy and other disciplines and fields of culture. Knows and understands selected concepts and problems of philosophy. Knows and understands major ethical theories.

In terms of skills:

- Critically analyzes both their own beliefs, arguments, and actions as well as those of others. Argues their position in a coherent and logical manner. Recognizes ethical dilemmas and resolves them independently and responsibly.

In terms of social competencies

- Shows respect for others' opinions. Collaborates within a team, completes assigned tasks, and manages their time effectively. Demonstrates openness to new ideas, facts, and challenges.

ZDW: Basics of Philosophy/ History of Philosophy

exercises

1 ECTS

Teaching methods

conversational lecture / didactic discussion /
project-based method

Method of verifying education

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The Study of the State and Law

lecture

3 ECTS

Teaching methods

lecture / didactic discussion /
problem-solving method

Method of verifying education

exam / activity during classes

OBJECTIVES

The course enables students to understand the basic conceptual categories describing the state and law, and become familiar with the fundamentals of legal and state-related terminology. It provides elementary knowledge of the forms and stages of the development of the state and law, and develops the ability to independently utilize legal sources for study and research.

COURSE CONTENT

- The concept and essence of the state
- Theories of the origin of the state
- The state, society, the nation, and the individual, and their relationships throughout historical development
- Forms, goals, functions, and tasks of the state
- Theories of the state in contemporary political and legal thought
- The national state and its transformations
- State sovereignty in the past and present
- The state and war
- The concept of law, legal norms, legal provisions, and legal relationships
- Sources of law and the legal system
- Law as a social phenomenon

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Identifies and names the basic conceptual categories describing the state and law
- Enumerates and describes the forms of the state
- Presents the types of legal norms and provisions

In terms of skills:

- Analyzes the relationship between the state and the citizen
- Demonstrates the ability to utilize legal sources
- Analyzes constitutional and governance models of contemporary states

In terms of social competencies:

- Identifies the main issues concerning the state and law
- Demonstrates awareness of legal culture
- Acts in accordance with the law

The Study of the State and Law

project

2 ECTS

Teaching methods

didactic discussion / problem-solving method

Method of verifying education

project / activity during classes

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Monographic lecture 1

lecture

4 ECTS

Teaching methods

lecture / case study

Method of verifying education

colloquium / activity during classes

OBJECTIVES

The course aims to demonstrate the functioning of international politics in conditions of war. Using selected examples from history, particularly the largest armed conflict in human history – World War II – the course illustrates the impact of military actions, especially war strategies, on foreign policy, as well as the influence of political factors on military planning at both the strategic and operational levels.

COURSE CONTENT

- Course of World War II – basic knowledge of international politics and military operations
- The offensive that never happened – strategic factors behind the Allies' decision to halt offensive operations against the Third Reich in September 1939
- Gaps in historiography – Soviet political and military plans before 1941
- East or South – strategic and political dilemmas of the Axis powers between summer 1940 and spring 1941
- Debates over Allied war plans from 1941 to 1945

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Possesses organized knowledge of the most important historical events
- Understands the types of social bonds functioning in socio-political life that are relevant to the studied specialization

In terms of skills:

- Applies theoretical knowledge and is able to collect data necessary for analyzing specific social processes and phenomena (political, legal, economic) relevant to the field of study
- Can properly analyze the causes and course of specific social processes and phenomena (political, legal, economic) from the perspective of political life
- Possesses the ability to understand, analyze, and interpret phenomena in the political sphere of public life and its environment

In terms of social competencies:

- Understands and demonstrates a commitment to continuous learning and personal development, as well as the ongoing improvement of skills and competencies; inspires and organizes the learning process of others
- Respects differing viewpoints resulting from diverse political, cultural, and social backgrounds

Monographic Lecture 5

lecture

4 ECTS

Teaching methods

lecture / conversational lecture / case study

Method of verifying education

exam/colloquium / activity during classes

OBJECTIVES

The course involves the analysis of the political, economic, and social situation in Europe during the interwar period that led to the outbreak of World War II. It examines the content of diplomatic negotiations among the victorious coalition powers during and after the war, which resulted in the establishment of the "Yalta international order" in Europe. Students analyze the factors shaping the situation in the two opposing political-ideological blocs, as well as the causes of the collapse of the "real socialism" system in Europe. The course also discusses the characteristics of the new international order in Europe following the end of the bipolar system, the process of European integration after its collapse, the conditions influencing the security situation in Europe, and the role of a unifying Europe in the world under globalization.

COURSE CONTENT

- Outcomes of World War II and the division of Europe: the conferences of the Big Three in Yalta and Potsdam; treaties with Germany's allies
- Early signs of the Cold War: the German question; occupation of Germany; collapse of the four-power policy toward Germany; Berlin Blockade (1948–1949); creation of two German states; accession of the FRG to NATO
- Western Europe – integration processes: the Marshall Plan; the Brussels Treaty (1948); establishment of the North Atlantic Alliance; founding of the Council of Europe (1949); European Coal and Steel Community (1952); European Defence Community (1952) and the Paris Agreements (1954); European Economic Community and European Atomic Energy Community (1957)
- Central and Eastern Europe – formation of the communist bloc: establishment of communist governments in Central European countries and their dependence on the USSR; creation of Cominform (1947); Prague coup (1948); Stalin's condemnation of Yugoslavia; end of the civil war in Greece; formation of the CMEA (1949); Warsaw Pact established (1955)
- Western Europe as a U.S. ally; Europe and the external world after World War II; beginning of the colonial system's decline; the Korean War and its repercussions in Europe
- Signs of détente in Europe: the 20th Congress of the CPSU and its consequences; Polish October and the Hungarian Revolution (1956); France's Eastern policy under de Gaulle; Prague Spring (1968); normalization of relations by the FRG with Central and Eastern European countries; Conference on Security and Cooperation in Europe
- Collapse of "real socialism" and political changes in Europe: democratic opposition in "real socialism" countries; negative outcomes for the Eastern bloc in East-West rivalry; "openness and restructuring" in the USSR; dissolution of the CMEA and Warsaw Pact (1991); collapse of the USSR (1991)
- International order in the new Europe: German reunification (1990); Commonwealth of Independent States; eastward enlargement of the Council of Europe; eastward expansion of the European Union
- Challenges of European integration at the turn of the 21st century: debates on the future shape of the European Union; EU borders and cooperation with Eastern and Southern neighbors
- European security at the turn of the 20th and 21st centuries: security in Europe at the end of the Cold War; the Yugoslav crisis and European security; the future of NATO; EU Common Foreign and Security Policy; Russian military doctrine and cooperation within the CIS; Organization for Security and Cooperation in Europe
- Transatlantic relations: formal framework of transatlantic cooperation; security and defense relations; economic relations after the end of the bipolar system; France's role in transatlantic relations; the impact of EU enlargement on transatlantic relations
- Conflicts and disputes in post-Cold War Europe: the Chechen wars; the breakup of Yugoslavia; the Northern Ireland conflict; the struggle for independence in the Basque Country; other separatist movements in Europe; the Kosovo conflict

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Defines the key concepts in the field of international relations
- Describes and discusses the history of international relations in Europe after World War II
- Presents the determinants shaping international relations after 1945

In terms of skills:

- Can apply concepts and knowledge from the field of study
- Can analyze the political situation in Europe from the beginning of World War II to the present
- Recognizes, identifies, and compares changes in contemporary international relations

In terms of social competencies:

- Explains and actively participates in discussions on the complexity of the political situation in Europe after World War II, covering the period 1945–2019

Local government and local policy

project

3 ECTS

Teaching methods

didactic discussion / brainstorming /
project method

Method of verifying education

project / activity during classes

OBJECTIVES

The course familiarizes students with concepts in local government and local politics and analyzes participation in the processes of building civil society. It examines the relationships between local government law, territorial authority institutions, and political actors within local communities, as well as the relationship between local government as a community and local government as a system of public administration.

COURSE CONTENT

- Local government and local politics – concepts and characteristics
- Other forms of self-government
- Instruments of local policy
- Determinants of local policy
- Socio-demographic and economic-spatial conditions of local policy
- Regional policy versus local policy
- Stages in the development of territorial self-government
- Principles of decentralization and subsidiarity in public administration
- Models and actors in local politics, including political parties at the local level, interest groups, and local media
- Tasks of territorial self-government
- Institutions of direct democracy at the local level
- Structure and organization of territorial self-government in Poland:
- Structural organization of municipalities
- Structure of county-level self-government and cities with county rights
- Organizational structure of the regional (voivodeship) level of local self-government
- Forms of cooperation between territorial self-government units
- Local government and local communities in relation to civil society
- Assets and finances of territorial self-government units
- Local policy in Poland
- Territorial self-government and local politics in selected countries
- Other forms of self-government

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Defines concepts related to local government and other types of self-government
- Distinguishes the competencies and tasks of municipal, county, and regional governments
- Can demonstrate the differences between various types of territorial self-government in terms of law and political practice

In terms of skills:

- Assesses the extent to which local authorities satisfy the needs of local communities
- Analyzes the relationships between state authorities and territorial self-government bodies
- Critically evaluates local policies implemented by self-government authorities in the place of residence

In terms of social competencies:

- Identifies issues related to the functioning of territorial self-government
- Demonstrates an open attitude toward cooperation with local government institutions
- Is motivated to engage politically at the local level

ZDW: Information Society/Civil Society

exercises

3 ECTS

Teaching methods

laboratory exercises / workshop methods / didactic discussion / demonstrations

Method of verifying education

exam, activity during classes

OBJECTIVES

Acquiring knowledge of what civil society is, including its definitions in the social sciences, and the ability to identify the key stages of its origin and development. The ability to analyze and interpret contemporary socio-political phenomena from the perspective of the private-public dichotomy. Understanding the dynamics of contemporary socio-political processes. The ability to provide constructive criticism of contemporary socio-political phenomena and processes based on acquired knowledge.

COURSE CONTENT

- The origins of citizenship.
- The origins of the private-public divide.
- Contemporary interpretations of the private-public divide.
- Criticism of the private-public divide.
- Stages in the development of civil society.
- Definitions of civil society.
- Civil society and subjectivity (agency).
- Civil society and emancipation.
- Civil society and human rights.
- Civil society and political culture.
- Globalization and civil society.
- Criticism of civil society.

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Describes the information society.
- Identifies the stages of the origin and development of the information society.
- Understands the dynamics of contemporary socio-political processes.

In terms of skills:

- Provides constructive criticism of contemporary socio-political phenomena and processes based on acquired knowledge.
- Analyzes and interprets contemporary socio-political phenomena.
- Identifies and interprets manifestations of the activity of actors within the information society in public life.

In terms of social competencies:

- Actively and consciously participates in contemporary socio-political life.
- Develops interests related to civil society.
- Develops views free from stereotypes and cultural, racial, ethnic, national, religious, and gender-based prejudice.

Public Relations

lecture

2 ECTS

Teaching methods

lecture / conversational lecture

Method of verifying education

exam

OBJECTIVES

The course introduces students to the system of communication management between an organization and its environment, including its audience. It familiarizes students with the techniques and tools used in political marketing and public relations in relation to message recipients. The course presents the history and concepts of political marketing and provides an overview of the Polish political market, including the role of the media in political communication and the specifics of Polish election campaigns. Additionally, it examines the characteristics of negative political campaigns.

COURSE CONTENT

- Role and tasks of internal and external public relations
- Internal and external environment of an organization
- PR strategy development
- Essence, significance, and concepts of political public relations
- Specifics of the Polish political market and political scene
- Political advertising
- The role of the Internet in political public relations
- "White" and "black" PR in politics
- Application of PR in local government and state institutions
- Post-election marketing

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Describes the specifics of the Polish political market and presents insights from previous election and political campaigns in Poland
- Outlines the principles of conducting media relations activities
- Explains the differences between public relations and other forms of public and organizational communication

In terms of skills:

- Develops a PR program for a selected organization
- Creates PR tools for publication in various types of media (press releases, corrections, etc.)
- Plans and prepares a schedule for a PR campaign

In terms of social competencies:

- Develops communication skills
- Can work effectively in a team

Public Relations

project

2 ECTS

Teaching methods

didactic discussion / project method

Method of verifying education

project / activity during classes

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Academic Competencies

workshops

2 ECTS

Teaching methods

didactic discussion / workshop method

Method of verifying education

assignments / activity during classes

OBJECTIVES

The aim of the course is to develop students' skills in effectively and correctly preparing academic papers, including summaries, conference abstracts, reviews, essays, scientific articles, and theses.

COURSE CONTENT

- Types of academic texts and strategies for finding scholarly sources
- Citation styles and bibliography management tools
- Methodology of academic writing
- Principles of linguistic, stylistic, and substantive correctness
- Structure of academic papers (title, subtitles, content organization – abstract, introduction, method, results, discussion, conclusions, bibliography, table of contents)
- Reviewing a scholarly book
- Preparing abstracts and conference presentations
- Common mistakes in academic writing
- Research ethics, including plagiarism, self-plagiarism, and ghostwriting

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Demonstrates knowledge of linguistic, stylistic, and substantive correctness
- Has understanding of research ethics, including plagiarism, self-plagiarism, and ghostwriting
- Is familiar with the methodology of academic writing

In terms of skills:

- Can search for academic texts and evaluate their scholarly value
- Can present the results of analyses in the form of an essay or scientific article
- Can recognize and apply the correct structure of an academic text

In terms of social competencies:

- Can collaborate and work effectively in a group, taking on various roles in academic work
- Can independently organize and carry out assigned research tasks
- Complies with copyright regulations

Negotiation and conflict resolution

workshops

1 ECTS

Teaching methods

didactic discussion / brainstorming /
drama techniques / workshop method

Method of verifying education

assignments / activity during class

OBJECTIVES

To familiarize students with the nature of conflict within a group.

Improving the ability to recognize conflict situations.

Demonstrate the influence of the group on the process of conflict formation and resolution.

Improving the ability to stop the escalation of conflict at the earliest possible stage of its development, or to help resolve conflict at any stage.

COURSE CONTENT

- Definition of conflict and types of conflict.
- Stages of constructive conflict resolution. Conflict resolution styles.
- Phases of group conflict.
- The role of emotions in group conflict.
- Group process and conflict situations.
- Conflict resolution styles.
- Constructive ways of resolving conflict in a group.

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- The Student distinguishes and describes the stages of constructive conflict resolution, knows conflict resolution styles.

In terms of skills:

- observes and diagnoses conflicts occurring within the group.
- recognizes their emotions and needs in a conflict situation.
- applies the principles and techniques of conflict resolution in a group.

In terms of social competencies:

- demonstrates responsibility for the process taking place within the group.
- ensures constructive conflict resolution.

Awareness of value of made decisions

workshops

1 ECTS

Teaching methods

didactic discussion / brainstorming /
drama techniques / workshop method

Method of verifying education

individual and group work / activity during classes

OBJECTIVES

Preparing students to analyze their own hierarchy of values.
Showing the relationship between choices made and underlying needs and values.
Expanding the ability to make independent and conscious decisions..

COURSE CONTENT

- Perception of values in selected philosophical approaches (relativism, absolutism, objectivism, subjectivism)
- Real values versus declared values
- Perception of good and evil
- Awareness of the current hierarchy of values
- Goals and values versus life planning – the importance of purpose in human life
- Defining the concept of decision and the decision-making process
- The role of emotions in the decision-making process
- Individual versus group decision-making
- Factors influencing decisions made
- Freedom and responsibility in decision-making; decision-making errors and their consequences

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- The student defines and lists the stages of decision-making.
- The student explains the specificity of individual and group decision-making.

In terms of skills:

- The student efficiently uses axiological concepts.
- The student analyzes and verifies their own hierarchy of values.
- The student develops the ability to make decisions (both individually and in groups) based on professed values.
- The student analyzes different styles of decision-making.

In terms of social competencies:

- The student justifies their views and arguments.
- The student demonstrates responsibility for the choices made.
- The student remains open to different styles of decision-making.
- The student is oriented towards the needs of others in the decision-making process.

SELF-PRESENTATION/PUBLIC SPEAKING

exercises

2 ECTS

Teaching methods

conersational lecture / didactic discussion /
workshop method / case study

Method of verifying education

practical assignments / activity during classes

OBJECTIVES

The aim of the course is to familiarize students with the fundamental issues of self-presentation, methods of influencing interlocutors, listeners, and viewers, as well as recognizing and explaining interpersonal phenomena. Developing skills in consciously shaping one's own image. Building an attitude of readiness for self-presentation in professional situations with the use of psychological knowledge.

COURSE CONTENT

- Conscious and unconscious self-presentation: How do listeners perceive and interpret us?
- Preparing a presentation: What is the purpose of my speech? What do I want to convey? Which ideas do I wish to present? Who are my listeners? What do they expect? How can I adapt the content and the mode of delivery to meet these expectations?
- Introduction techniques: Where to begin? How to capture the audience's attention? How to create the right atmosphere?
- The main body: How to structure the sequence of topics? How to sustain the listeners' waning attention? How to respond to questions?
- Conclusion: Is it enough to simply say "thank you for your attention"? How to ensure that our message does not go unnoticed?
- The preenter's image: Which elements contribute to the saying "they write you off as they see (and hear) you"? How to "activate" the speech apparatus?
- Presenter's stress and stage fright: How to manage nervousness before stepping into the spotlight?

DESCRIPTION OF THE EXPECTED LEARNING RESULTS

In terms of knowledge:

- Students understand the principles and practices of public speaking.
- They recognize issues of linguistic accuracy and fluency.

In terms of skills :

- Students communicate effectively.
- They use their language of choice (e.g. English) correctly.

In terms of social competencies

- Students demonstrate care for the culture of expression.